



High Performance Program

Fall 2023

Crestmont Indoor is proud to announce the start of High-Performance training for juniors that are currently playing USTA/UTR tournaments and/or high level high school tennis. The program is led by Co-Owner and Director of Tennis Thomas Battaglia and one of the top high performance coaches in New Jersey, Eric Shmerlis.



Thomas is a USPTA Elite Professional and the current Division 1 Rider University Men's and Women's Head Coach. He has worked with some of the top level juniors in Northern New Jersey for the past 20 years. He is also the current USTA Eastern 14 and under Zonals Coach and a National Coach for 12 and under at Spring Team Nationals.



Eric has over 20 years of teaching experience and is a USPTR Professional. Eric has coached nationally/sectional ranked juniors throughout his career.

The program will focus on a variety of technical and tactical drills, match play, live stroke production, court positioning, mental toughness, and footwork and conditioning. Thomas and Eric will also have off court classroom time to talk in detail about each student's tournament schedule.

In addition to signing up for the clinic Thomas will be available to attend Saturday tournaments for your player at no extra charge (when available). We want to make sure your player is maximizing his/her practice time and there is no better way to do this by attending their tournaments.

Thomas and Eric have coached players that went on to play at the following colleges and universities:

Amherst College
Amherst College
Bloomsburg University
Bucknell University
Connecticut College
Drew University
Fairfield University
Fairleigh Dickinson University-Florham
Holy Cross University
Ithaca College
Lehigh University
Marist College
Moravian College
New Jersey Institute of Technology
Occidental College
Ramapo College
Randolph Macon College
Roanoke College
Rochester Institute of Technology
Rutgers University
Rutgers University-Newark
St. Lawrence University
SUNY Oneonta
University of Cincinnati
University of Miami
University of The Pacific
Wesleyan University

In order to guarantee your enrollment for must have a verified UTR of 4.0 or higher.

The teacher to student ratio will be 4:1.

**Clinic Time: (Starts September 28, 2023)
Thursdays: 4-6pm – 12 weeks - \$900**

Sign up now at crestmontindoortennis.com